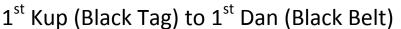




Grading Requirements





Theory

Red represents danger, cautioning the student to exercise control and the opponent to stay away.

Black is the opposite of white: signifying maturity and proficiency, also symbolising the wearers imperviousness to darkness and fear.

The black strip on the black belt suit represents royalty or aristocracy.

Choong Moo (30 movements) was the name given to the Yi dynasty admiral Yi Sun-Sin. In 1592, he is reputed to have invented the world's first armoured ship, The Kibutsin; the precursor to the modern submarine. The reason that this pattern ends with a left hand attack is to symbolise his regrettable death, having had no opportunity to show his full potential through the constraints of his loyalty to the king.

X-knife-hand checking Kyocha sonkal momchau Twisting kick Bituro chagi block maki Vertical kick Sewo chagi

Flying side piercing kick Twimyo yopcha jirugi

Inward knife-hand strike Anaero sonkal taerigi

TAGB Commitee/Area Coordinators

Mr. Oliver Mr. Chairman, England Team Manager & Area Coordinator for England South-East

Dew Vice Chairman & Area Coordinator for England South-West
Mr. Sergiew Treasurer & Area Coordinator for Central England North
Mr. Walton National Team Coach & Area Coordinator for England North
Liaison Officer & Area Coordinator for Central England South

Mr. Peros Mr. Welsh Coach & Area Coordinator for Wales

Atkins Mr. National Secretary & Area Coordinator for England South Midlands Commitee

Towndrow Mr. Member & Area Coordinator for England North Midlands
Love Scottish national Coach & Area Coordinator for Scotland

Mr. Farrell Irish National Coach & Area Coordinator for Northern Ireland

Practice

Line work – combinations
Set sparring (advanced)
Pattern (choice)
Pattern (set)
Free sparring
Choong Moo